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| |  |  |  |  | | --- | --- | --- | --- | | |  |  |  | | --- | --- | --- | | **The Latest Trends in Home Spas**  **A high-end home spa is a luxurious addition to any home. The latest trends create home spa environments that rival those at the finest hotels.**  The nice thing about a home spa is it’s available whenever you are. New trends are always emerging, including the move toward multi-element facilities that include steam showers, saunas, steam rooms, Jacuzzis, hot tubs, and spa pools.  **Multi-therapy units promote well-being.** The trend today is to equip your tubs, showers, saunas, and pools with multiple sensory experiences. The newest aromatherapy diffusers create delicate mists of essential oils that can calm or invigorate. Chromatherapy via advanced LED light systems help achieve a sense of harmony and balance. Tubs provide thermotherapy with discrete heating zones that increase the flow of oxygen through your blood.  **Your spa should be wired.** Built-in WiFi serves your spa’s music, streaming, television, smartphone, environmental, and computer systems to give you the widest variety of entertainment choices. You can augment a central media center with voice control units and panels. Your wireless setup should include the latest security features that can control camera and audio connections for different levels of privacy. Automated systems can remotely activate your sauna and other elements so that they’re ready when you are.  **Trick out your steam shower and sauna.** Steam invigorates your spa experience, but it doesn’t stop there. The trend today is to include luxury features. Steam showers can include features like a rain dome showerhead, waterfall showers, multi-level body-spray jets, and the various therapies we discussed earlier. Saunas now emphasize the highest quality materials and capabilities, such as hypoallergenic timber sourced from managed trees, bamboo carbon heater covers, low-EMF heaters, acoustic resonance therapy, and biofeedback accessories.  **Consider adding an aquarium wall.** This premium feature was first popularized at luxury resorts. You can install integrated fish tanks into your home spa to help reduce tension and anxiety, especially when combined with other stress-reducing activities. Depending on your budget and available space, you can install impressive units that house coral, rare fish, sharks, jelly fish, and many other biologics. These bespoke units have features that make feeding and maintenance easy.  **Luxury spas can easily cost six figures.** A luxury home spa can require a substantial budget, which means you want to perform due diligence on your contractors before beginning the project. Factor in whether you will expand your home to accommodate all the features you want. Contact me today and we can discuss the best options for financing your home spa and associated renovations.   |  |  | | --- | --- | | |  | | --- | | [LET'S CONNECT](mailto:##AdvisorEmail##) | | | | |
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